



CREATING CONFIDENT CAREGIVERS

Provided by:



Creating Confident Caregivers:

A program for family members caring for a loved one with dementia and/or memory loss.

Learn About:

- Dementia and its effects on the brain
- Caregiver Resources
- Managing behaviors
- Improving caregiving skills
- How to handle everyday activities more easily
- Taking care of yourself to better care for your loved one

LOOK!!

Free Respite Care

Care for your family member with memory loss can be provided free of charge so you may attend the class sessions.

Call Jennifer Joyner, Valley Area Agency on Aging at (810) 239 -7671 Ext 281 to schedule.

Cost:

A \$10.00 Donation is requested, but not required, to assist in paying for the Creating Confident Caregivers class workbook.

Paid for with funding from Valley Area Agency on Aging (VAAA) and the Aging and Adult Services Agency (AASA). If you would like additional information, please call Abbie Mars, Valley Area Agency on Aging at (810) 600-0633.

Upcoming Classes:

Care N Assist

101 Shiawassee St. Corunna, MI 48817
Mondays: September 18 – October 30, 2017
1:30 – 3:30pm

To register call Jennifer Joyner at Valley Area Agency on Aging at (810) 239-7671 Ext 281.

Carmen Ainsworth Senior Center

2071 Graham Rd, Flint MI 48532
Wednesdays: September 20 – October 25, 2017
1:30 – 3:30pm

To register call Carmen Ainsworth Senior Center at (810) 732-6290

NOW OFFERING NIGHT CLASSES!!!

Flushing Senior Center

106 Elm Street Flushing, MI 48433
Mondays: October 2 – November 6, 2017
6:30pm – 8:30pm

To register call: Flushing Senior Center at (810) 659-4735

Swartz Creek Senior Center

8095 Civic Drive Swartz Creek, MI 48473
Thursdays: October 5 – November 9, 2017
6:00pm – 8:00pm

To register call: Swartz Creek Senior at (810) 635-4122.

Thetford Senior Center

11495 N Center Rd Clio, MI 48420
Thursdays: October 12 – November 16, 2017
10:00am – Noon

To register call: Thetford Senior Center at (810) 686-0630

Krapohl Senior Center

5473 Bicentennial Dr. Mt Morris, MI 48458
Thursdays: October 19 – November 30, 2017
1:00pm – 3:00pm

To register call: Krapohl Senior Center at (810) 785-2270

FLIP FLYER OVER FOR MORE CLASS DATES!!

Upcoming Classes Continued:

Riverside Tabernacle Church

429 NB Chavez Drive Flint, MI 48503

Wednesdays: November 1 – December 6, 2017

1:30pm – 3:30pm

To register call: Jennifer Joyner, VAAA at (810) 239-7671 Ext 281.

Durand Senior Center

8618 E Lansing Rd Durand, MI 48429

Wednesdays: November 8 – December 13, 2017

10:00am – Noon

To register call: Jennifer Joyner, VAAA at (810) 239-7671 Ext 281.

Forest Township Senior Center

130 E Main St Otisville, MI 48463

Mondays: November 13 – December 18, 2017

1:00pm – 3:00pm

To register call: Forest Township Senior Center at (810) 631-3407

Clio Senior Center

2136 W Vienna Rd Clio, MI 48420

Tuesdays: November 21 – December 19, 2017

1:30pm – 3:30pm

To register call: Jennifer Joyner, VAAA at (810) 239-7671 Ext 281.

Davison Senior Center

10135 Lapeer Rd Davison, MI 48423

Fridays: January 5 – February 9, 2017

2:00pm – 4:00pm

To register call: Davison Senior Center at (810) 658-1566
