



Values: Accountability, Compassion, Professionalism, and Commitment to Excellence

2012 ANNUAL REPORT

Mission Statement

The Valley Area Agency on Aging provides answers, action and advocacy on care for the elderly and disabled adults of Genesee, Lapeer and Shiawassee Counties, by enhancing lives, empowering choice, sustaining independence and supporting caregivers and their families.

Serving

Genesee, Lapeer and Shiawassee Counties

2012 Valley Area Advisory Council

Senior Citizens Representatives

City of Flint

Eleanor James
Earline McFadden

Genesee County

Liz Ireland-Curtis
Penny Roberts
Judy Schultz

Lapeer County

Bea Hockey
Joyce Thatcher, **Vice Chair**
Patricia Wright

Shiawassee County

Junior Love, **Chair**
Donna Tobias, **Secretary**

Agency Representatives

Department of Human Services

Susan Quinn
Sophia Winningham

City of Flint Human Relations Commission

Vacant

Genesee County Community Action Resource Department

Laura Rahmaad

Greater Lapeer Transit Authority

Carol Wegher

Medicare/Medicaid Assistance Program

Brenda Evans

Social Security Administration

Pam Koutouzos

Clergy –Rev. Fred Leuck

Genesee County Community Mental Health –

Sharon Lombard
Becky Harrington

Flint Housing Commission –

Ron Slaughter

Disabled American Veterans

Gary Putinsky

Background

The Valley Area Agency on Aging is one of 16 Area Agencies on Aging in Michigan established by the Older Americans Act of 1965 and the State Older Michiganians Act to meet the needs of a growing aging population. VAAA is governed by an Executive Board comprised of elected officials and a volunteer senior citizen majority.

Objectives

- Fund service providers through a competitive bidding process.
- Ensure quality assurance and provide technical assistance to service providers.
- Advocate on issues of concern to older adults and persons with disabilities at local, regional and national levels.
- Identify unmet needs and develop new service programs.

Services

- Adult Day Care
- Care Management Programs
- Caregiver Support Programs
- Case Coordination & Support
- Case Coordination & Support for Deaf & Hard of Hearing
- Congregate Meals
- Crisis Intervention Program
- Elder Abuse Prevention & Education
- Health Screenings
- Hearing Impaired/Vision Services
- Home Delivered Meals
- Home Injury Control
- Information & Assistance
- In Home Services (Personal Care/Homemaker)
- Kinship Caregiver
- Legal Assistance
- Long-Term Care Ombudsman
(Nursing Home Assistance)
- Medicare/Medicaid Assistance Program
- Medication Management
- MI Choice Waiver Program
- Nutrition Programs
- Outreach
- Personal Action Toward Health (PATH)
- Respite
- Senior Centers
- Valley CHOICE Programs
- Visually Impaired Services

Executive Director State of Aging Report

Region 5 is beginning to feel the growth of the Baby Boomer population. Over the next ten years, one third of the population will be 65 years of age or older. Every year the population 55 and over grows by one percent. The increase in this population will impact our economy, how services are delivered and our program funding for years to come.

In order to prepare for the Baby Boomer population, and improve and streamline care, the State of Michigan submitted an application to the Center for Medicare/Medicaid Services (CMS) to develop a demonstration project that integrated the two major payers of healthcare: Medicare and Medicaid. The integration of these two payees will ultimately impact how services are delivered in the future. The State will test the effectiveness of integrating these programs through demonstration projects in Wayne County, Macomb County, Southwest Michigan, and the entire Upper Peninsula for the next three years.



Pictured above:
Kathryn C. Boles,
Executive Director

Pictured left:
Ron Elder,
Board Chair

There is a national movement to reduce Medicare costs. CMS is conducting national demonstration projects that include community-based organizations and hospitals working together to reduce readmissions within 30 days of discharge for the same diagnosis. The Valley Area Agency on Aging (VAAA) submitted an application which included our partner hospitals; Genesys Health System, Hurley Medical Center, McLaren Regional-Flint and Lapeer and Memorial Hospital -Owosso. To date, we have not been notified if we were a successful applicant.

In other news, successful passage of the Elder Abuse Bills was a priority for aging advocates throughout the year. By year end, a total of eleven bills had passed and been approved by Governor Snyder. There are seven bills that may be reintroduced in 2013. Continued advocacy will be necessary to ensure passage of this essential legislation.

Highlights of the 2012 fiscal year are:

- Genesee County again realized over \$430,554 in additional Medicaid funding for the MI Choice Waiver Program, for a total of \$685,554. The Genesee County Senior Millage provided \$255,000 to leverage the additional funds. Through this program, a total of 93 additional persons were diverted from nursing home placement. This program is a win-win in saving Medicaid funds but also in allowing participants to remain living in the community, which impacts the local economy.
- VAAA partnered with The Disability Network to transition a total of 84 persons out of nursing homes through the Nursing Facility Transition Program. This resulted in a taxpayer savings of \$185 per day; the cost of providing services in a nursing home is \$255 per day.
- A total of 59 persons managed their own care through our Self Directed Care Program. This program works with a fiscal intermediary to assist clients with hiring, training and paying client employees to provide care.
- Volunteers are critical to the success of our programs and services. Over 5,200 hours were provided through the following programs: Medicare/Medicaid Assistance Program (MMAP), Matter of Balance – University of MI-Flint Students, VAAA Legislative Committee, Board of Directors and Advisory Council.

On behalf of VAAA Board of Directors, Advisory Council and Staff, we thank you for your dedication in serving the senior residents of Genesee, Lapeer and Shiawassee Counties. Thank you to all the provider agencies who work tirelessly to ensure that the needs of our clients are met every day. Please know that what you do truly makes a difference in the lives of those we serve.

Kathryn C. Boles
Executive Director

Ron Elder, Chair
Board of Directors

2012 Board of Directors

Senior Citizens Representatives

City of Flint

P. Doris Buckner, **Secretary**
Angela Mitchell, *Hurley
Medical Center*

Genesee County

Hank Allen
Dave Caudle
Judy Garza

Lapeer County

Joanne Densmore
Doris Rolland
Bonnie Kavalunas

Shiawassee County

James Capitan
Loretta Rolfes
Sandra Michalek

Elected Officials

City of Flint

No Representation

Genesee County

Brenda Clack
Vacant

Lapeer County

Linda Jarvis, **Vice Chair**
Cheryl Clark

Shiawassee County

Gerald Cole, **Treasurer**
Ron Elder, **Chair**

Member at Large

Kathryn McAllister,
Health Plus of MI

Immediate Past Chair

Dave Taylor

Agency Highlights

Senior Power Day

Sponsors for Senior Power Day 2012 included:

- American House North
- Blue Cross Blue Shield
- GCCARD
- Genesee County Parks & Rec
- Health Plus of MI
- Hear Rx
- Hurley Medical Center
- Mass Transportation Authority
- UAW Region 1C
- UAW International
- Senior Directors Association of Genesee County
- Swartz Funeral Home
- TGI Direct

Annual Meeting

Sponsors for VAAA's Sixth Annual Meeting in 2012 included:

- American House
- Blue Cross Blue Shield
- Community Foundation of Greater Flint
- Guardian Medical Monitoring
- Health Plus of MI

older persons and their caregivers. These services are designed to allow clients to live independently in their own homes for as long as possible.

Case Coordination and Support – provides services for persons who need minimal assistance to remain living independently in the community. A case manager monitors the health status of these clients and arranges for in-home services on their behalf. *Genesee County utilizes CCS funds for the Crisis Intervention Program.

Care Management – provides more intensive supportive home care services for persons who are at risk of nursing home placement but do not financially qualify for the Medicaid Waiver program. In Fiscal Year 2012 a total of **280** clients received assistance.

Medicaid Waiver – A Community Based long term care program for people who have Nursing Facility Level of Care needs, but choose to remain in their own homes. This program provides a comprehensive array of services managed by a nurse and social worker. In FY2012, the program provided comprehensive services to 290 Genesee, Lapeer and Shiawassee County residents. Services provided included, but were not limited to: 23,921 hours of Adult Day Care; 142,588 hours of personal care and homemaking; 108,654 hours of in-home respite; 176 personal emergency response systems; and 23,033 hours of private duty nursing. In addition, the agency transitioned 26 people from nursing homes back into the community. The program is funded by the Michigan Department of Community Health (MDCH) and in part by the Genesee County Senior Millage.

Medicare Medicaid Assistance Program (MMAP) – Volunteer Counselors assisted 2,593 clients in the tri-county area. A significant portion of their time was dedicated to helping older adults understand and enroll in the Medicare Part D prescription drug coverage and GAP insurance plans; 1,764 beneficiaries were assisted. MMAP counselors also assisted 1,573 persons with Low Income Subsidy enrollments, and 1,378 persons with Medicaid Savings Plan enrollments.

Crisis Intervention Program – provides short-term custodial care and care management services for Genesee County seniors 60+ years of age during recovery. *A total of 58 seniors received assistance. In addition, 1,230 hours of homemaking were utilized.

Information & Assistance Services - provides answers to many problems and concerns facing our aging and disabled population and identifies resources in the community to assist clients. A total of 32,629 requests for assistance were received.

Community Services
Valley CHOICE Programs
provide supportive services to

Service Provider Partners

In 2012, the Valley Area Agency on Aging contracted with and/or purchased services from the following providers:

A Change of Seasons
 A Family Affair
 Action Home Health Care
 Alzheimer's Association
 American House North
 Amigo Mobility Center
 Arcadia Health Care
 Baldwin Manor
 Bentley Manor
 Brantley Development LLC
 Britt's Lawn Care Service
 Care N Assist LLC
 Catholic Charities
 Center for Gerontology
 Civic Manor
 Clifford LLC
 Comfort Keepers
 Communication Access Center
 Concerned Country Care
 Critical Signal Technologies
 Cypress Home Care, Inc.
 Devonshire Retirement Village
 Durand Senior Care & Rehab Center
 Evergreen Personal Services, LLC
 Family Home Health Care Services
 Family Service Agency/Visually Impaired Ctr
 Flushing Senior Center
 Friends Who Care
 From the Heart Home Care LLC
 GCCARD
 GT Independence
 Genesee County Office of Senior Services
 Genesee Valley AFC
 Genesis Home Healthcare Providers
 Great Lakes In-Home Private Duty Services
 Greenley Square Manor
 Guardian Medical Monitoring
 H-Care Nursing Services, Inc.
 Harmony Manor, LLC
 Heathercrest AFC
 Helping Hand Home Care, Inc.
 Hetch Co., Inc.
 Hispanic Service Center
 Home Care Alternatives
 Hunters Home LLC/Life & Times
 Husband for a Day
 Hyde Park Assisted Living/Memory
 Incredible Lawnsapes
 JWR Health Services
 Lapeer County Health Dept. – Senior Programs
 Lifeline Systems
 Living Joy of Flushing
 Loving Hands, Inc.
 Lucharles Manor
 M & Y Care
 MTA
 Maxim Healthcare Services, Inc.
 Watson Healthcare Inc
 Inc.
 The Medical Team
 Mercy Plus Healthcare
 Metamora Water Service, Inc.
 Metropolitan Housing Development Corp.
 MI Independent Living Homes , LLC
 Monarch Garden, Inc.
 Nico's Place LLC
 National KidneyFoundaon
 Olive Branch Senior Assisted Living
 Prestige Pointe
 Purfoods LLC (dba Mom's Meals)

<i>2012 Older Americans Act Funded Services</i>	<i>Clients Served</i>	<i>Units Served</i>
Adult Day Care	51	49,372
Case Coordination & Support	271	1,791
Case Management	280	1,120
Hearing Impaired	115	2,896
Home Injury Control (Shiawassee County)	4	331
Homemaker/Personal Care	259	67,401
In & Out of Home Respite Care	157	44,816
Information and Referral	26,043	26,043
Legal Aid	577	3,081
PERS	27	298
Medication Management	24	1,675
Outreach	172	2463
Senior Center Staffing	6,218	8,751
Vision Services Need	56	164
<i>Services</i>	<i>Clients</i>	<i>Contacts</i>
Ombudsman	1,047	1,559
<i>Services</i>	<i>Clients</i>	<i>Meals Served</i>
Congregate Meals	3,656	159,493
Home Delivered Meals	2,587	754,051
<i>Services</i>	<i>Clients</i>	<i>Screenings</i>
Health Screening	106	106
<i>Services</i>	<i>Clients</i>	<i>Units</i>
Kinship Caregiver	41	470
<i>Services</i>	<i>Clients</i>	<i>Workshops</i>
Alzheimer Education	493	34
Elder Abuse Education	841	67

Ridgeview AFC
 Right At Home
 Rockwell Assisted Living/Memory Impaired
 Rose Pest Solutions
 Rudy's Lawn & Snow Service
 Shiawassee Council on Aging
 Shiawassee County Health Department
 Sobak's Home Medical, Inc.
 Spartan Healthcare Staffing Services,
 Tender Care Home Health Care
 The Disability Network
 Valued Relationships, Inc.
 Vets Access Ramps
 Visually Impaired Services
 Watson Healthcare
 Work Skills Corporation
 Wright & Filippis, Inc.
 Adult Wellbeing Services

**Fiscal Year 2012
Fiscal Summary**

<i>Support & Revenue</i>		<i>Expenditures</i>	
Federal	\$ 8,619,548	Care Mgt./ HCBS E/D Waiver	\$8,851,729
State	4,808,611	Nutrition	2,104,296
Local Match	86,000	Supportive Services	1,934,451
Other Grants	53,673	Administration	561,690
Other Income	33,673		
Interest Income	<1,360>		
Total Support & Revenue	\$13,600,145	Total Expenditures	\$13,452,166
<i>Support & Revenue in Excess of Expenditures: \$147,979</i>			

****Additional units of service are provided in the programs which generate program income.**

**Fiscal Year 2012
Resource Development**

VAAA sought additional resources in 2012, other than the federal/state funds earmarked for senior programs. A total of \$509,486 was received in Region V for the following programs or services:

<i>Contributor</i>	<i>Amount</i>	<i>Purpose</i>
Anonymous Donor	\$40,000	Crisis Intervention Program
Medicare Medicaid Assistance Program	\$120,474	Assistance with Medicare/Medicaid
Michigan Office of Services to the Aging	\$38,512	Evidence Based Prevention Program (PATH)
Michigan Office of Services to the Aging	\$40,000	Savvy Caregiver-Creating Confident Caregivers
Genesee County Senior Millage	\$5,500	Home Delivered Meals
GM Foundation	\$5,000	MMAAP Assistance Grant
Genesee County Senior Millage	\$255,000	Medicaid Waiver Program Match
Michigan Disability Rights Coalition	\$5,000	Aging & Disability Resource Center Grant

225 E Fifth Street, Suite 200
Flint MI 48502
801-239-7671 1-800-978-6275

